



*Starlight
Farms*

Progress Booklet for

Advanced Riding

	Beginner (on the lunge line)	Intermediate (with minor assistance from trainer— Includes riding without using hands on the lunge)	Advanced (able to do by self)
Advanced Trotting: On lunge line—no hands 2 point			
Advanced Trotting: on lunge—no stirrups posting trot			
Advanced Trotting: Off lunge line—able to steer pony around arena and keep pony on the rail.			
Advanced Trotting: Able to trot pony over trot poles either on the either on the lunge or off			
Basic Cantering: On lunge—able to canter one or two strides			

Walk/Trot/Canter

	Beginner (on the lunge line and with help from trainer)	Intermediate (with minor assistance from trainer—Includes riding without using hands on the lunge)	Advanced (able to do by self)
Basic Walking: Make horse move forward, steering, stopping			
Navigate through cones and poles at walk			
Basic Trotting: on lunge line			
Around the World			
Basic Trotting: On lunge line—no hands, able to play games			
Basic Trotting: On the lunge—bareback			
Basic Trotting: On the lunge—bareback—No hands			
Intermediate Trotting: On lunge line—Posting Trot			
Intermediate Trotting: On lunge—2 point			